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# CALIFORNIA INTERSCHOLASTIC FEDERATION

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## Report to the California State Legislature, Governor Gavin Newsom and Interested Parties

The following report, as required by Education Code 33353, is intended to provide the Governor, the Legislature and the public with goals and objectives of the California Interscholastic Federation (CIF) on issues affecting high school athletics in California and the evaluation and accountability activities undertaken by the Federation. Specifically, the statute calls for an update regarding the following:

(A) The governing structure of the California Interscholastic Federation, and the effectiveness of that governance structure in providing leadership for interscholastic athletics in secondary schools.

(B) Methods to facilitate communication with agencies, organizations, and public entities whose functions and interests interface with the California Interscholastic Federation.

(C) The quality of coaching and officiating, including, but not limited to, professional development for coaches and athletic administrators, and parent education programs.

(D) Gender equity in interscholastic athletics, including, but not limited to, the number of male and female pupils participating in interscholastic athletics in secondary schools, and action taken by the California Interscholastic Federation in order to ensure compliance with Title IX of the federal Education Amendments of 1972 (20 U.S.C. Sec. 1681 et seq.).

(E) Health and safety of pupils, coaches, officials, and spectators.

(F) The economic viability of interscholastic athletics in secondary schools, including, but not limited to, the promotion and marketing of interscholastic athletics.

(G) New and continuing programs available to pupil athletes.

(H) Awareness and understanding of emerging issues related to interscholastic athletics in secondary schools.

Consistent with the statute, the CIF held public comment periods related to the report at all its regularly scheduled Federated Council and Executive Committee meetings during 2016, 2017, 2018, 2019, 2020, 2021, and 2022. All these meetings were publically posted and made available on the CIF website consistent with the Brown Act. Additionally, each CIF section allowed for public input at each of their regularly scheduled meetings during the same time period. The CIF has continued additional outreach through statewide parent presentations and through other statewide educational organization meetings and conferences as noted in the following pages.

## **CALIFORNIA INTERSCHOLASTIC FEDERATION'S GOVERNANCE STRUCTURE:**

*(A) The governing structure of the CIF and the effectiveness of that governance structure in providing leadership for the interscholastic athletics in secondary schools.*

The California Interscholastic Federation, founded in 1914, is a voluntary organization consisting of 1,615 public, public charter and private high schools that are aligned into ten geographical sections for the purpose of governing education-based athletics in grades nine (9) through twelve (12).

Only two state high school education based athletic organizations in the United States operate as a Federation, California and New York. This type of governance allows each of the CIF sections to operate with a large degree of autonomy and independence. For a visual representation of the governance structure please refer to Appendix A.

While each CIF section has autonomy from the state and have their own governance structure, section control and oversight is by school representatives from that geographical region. These representatives include school board members, superintendents, principals, teachers, coaches and athletic directors from each high school who come together to carry out the CIF's mission that is outlined in the CIF Constitution and Bylaws. The CIF Constitution and Bylaws is the product of the CIF elected representatives who serve on the CIF Federated Council and Executive Committee.

As per California Education Code 33353 (A). (1) The school representatives must be approved by their local school district Board of Education. These are the only representatives that are allowed to vote and approve CIF Section and State policies, rules and regulations.

The CIF is comprised of 1,024 public high schools, 201 charter schools and 390 private high schools; 1.8 million students and over 750,000 student-athletes.

The CIF has a grassroots approach to governance. School districts have considerable authority over the administration of local high school athletic programs including but not limited to responsibility for provision of equipment, facilities, number of teams provided in each sport, contracting for game officials, equity of opportunity for participation.

Education Code 35179 reaffirms that locally elected school boards are responsible for ensuring that all policies, programs and activities related to interscholastic athletics in their districts are in compliance with state and federal law.

Each participating school appoints an individual to serve as their voting representative, with school board approval, to their local League. Most often this is the school principal. These representatives enact League policies, elect League officers, and develop League sports and schedules.

Each league elects a representative to their respective CIF Section Board of Managers or Council. The CIF Sections consist of all the individual Leagues within a region. There are 10 CIF Sections. Each has its own governing body (referred to as a “Board of Managers” or “Council”). Two CIF sections—Oakland and San Francisco—are entirely contained within and operated under the authority of their respective school districts Board of Education.

The CIF Section governing body elects officers, establishes Section policies, develops Section playoff sports and schedules and elect from among themselves their representative to the CIF Federated Council.

The state-wide Federated Council is the governing body of the CIF and responsible for enacting statewide rules and policies using Roberts Rules of Order and the Brown Act.

The elected membership of the Federated Council consists of school and district representatives elected from the 10 CIF Sections. State council membership voting is weighted to reflect the number of schools and students served by the respective CIF sections. Additionally, voting members of the Federate Council include: representatives from the California Department of Education; California School Boards Association; Association of California School Administrators; California Association for Health, Physical Education, Recreation and Dance; California Coaches Association, California Athletic Directors Association, California Association of Private Schools, California Association of Directors of Activities and California School Superintendents.

The CIF receives no state or federal funding as part of its annual budget and is supported by state championship game receipts (36%), corporate support and sponsorships (35%) and limited membership dues (18%). Local school programs are supported by their school district general fund, game receipts and fundraising by coaches, student-athletes and booster clubs.

In 1994 the CIF implemented two (2) advisory committees; State-wide Policy and Procedures and Economic Viability. In 2022 the CIF has expanded our state-wide advisory groups to over thirty-seven (37) committees that has led the CIF to be recognized as leader in education based athletics not only for California, but nationally.

## **Communications:**

### ***(B) Methods to facilitate communications with agencies, organizations and public entities whose functions and interest interface with the CIF.***

The CIF communicates to stakeholders and the public using a wide variety of platforms and methods. The CIF and the CIF Sections maintain websites that provide expansive information on a multitude of education based interscholastic athletic issues, policies and up to date news. The websites also include meeting dates, agenda’s and materials posted and available for download, for free, prior to the meeting and minutes of the meetings following their conclusion. Stakeholders and the public can also email and provide feedback through the web site. In addition:

CIF leagues, Sections and the State Federated Council hold meetings throughout the year and are governed by Roberts Rules of Order and the Brown Act. Public notice and public comment are agenized and encouraged at all meetings.

The CIF publishes an electronic Newsletter, the CIF News, three (3) times a year that is distributed to every high school principal, athletic director, and school district superintendent along with all the CIF “Allied” organizations such as the California Department of Education, California School Boards Association, Association of California School Administrators, Superintendent of Public Instruction, California Association of Private School Organizations to name just a few. The CIF News is also made available for the public on the web site for free.

The CIF developed and began distributing two (2) email newsletters in 2008 for parents and coaches. In 2013 that has expanded to six (6) specific newsletters groups that include parents, coaches, athletic directors, principals, superintendents and education based CIF leaders. Each email newsletter is published 7-8 times a year with information that is of interest for these respective groups of stakeholders. The subscription list has grown to over 70,000 individuals and is provided for free. Anyone, including members of the public can sign up using the CIF web site.

Annually, the CIF leadership presents at the California School Boards Association, The Association of California School Administrators, the California State Athletic Directors Association and the California Activities Directors Association conferences and other statewide organizations annual meetings on topics affecting education-based athletics.

In February of 2020, the CIF held a safety and protocols advisory meeting in football that had representatives from each section in attendance. Over a period of five (5) years, thirty-one (31) new rules for football were changed with twelve (12) proposed and adopted to prevent injury.

### **Coaching Education:**

**(C) The quality of coaching and officiating, including , but not limited to, professional development for coaches and athletic administrators, and parent education program.**

The CIF has been a leader of ensuring high school athletic coaches and official are trained in arears ranging from student safety to modeling behavior. The CIF working in cooperation with the National Federation of State High School Associations (NFHS) currently offers thirty-nine (90) different courses for coaches, administrators, officials, parents, and students. Sixty-five (65) of those courses are offered free of charge.

### **Coaching Education**

The CIF sponsored legislation set forth the curriculum that is now mandated for training coaches (Education Code 35179.1). Since 1995 and the inception of the CIF Coaching Education program, 257,089 individuals have successfully completed the “Coaching Fundamentals” course. This nationally acclaimed class has been endorsed by the National School Boards Association, National Association of Secondary School Principals along with the National Interscholastic Athletic Administrator Association. This course has also received national accreditation from the

National Association of Sport and physical Education validating that it meets and exceeds the “teaching domains” that are required by all high school coaches.

In 1999, the CIF Sports Medicine Committee began developing and distributing information for coaches, parents and student-athletes on the rapidly changing medical environment surrounding education-based athletics including concussions.

In 2010, the CIF was at the forefront nationally when it became only the 2<sup>nd</sup> state to mandate that all coaches receive training on the signs and symptoms of concussions. Additionally, the Federated Council mandated that all member school must provide information on signs and symptoms to players and parents in all sports prior to student participation and made that information available for free on our web site. Today, all fifty states have followed the CIF lead and now have similar coaching education and student safety mandated programs. In 2012, 2014 and again in 2015 the CIF working in collaboration with the State legislature revised the mandates to continue to reflect the latest in sports medicine and to ensure that coaches were properly trained by their local educational agency. The latest figures show over 427,000 California education based high school coaches have completed the free on-line training course in signs and symptoms of concussions.

The CIF remains a leader nationally as the Federated Council again took the pro-active steps in 2015 to require that all coaches receive training on the signs and symptoms of Sudden Cardiac Arrest (SCA). In 2019, the Federated Council once again took action to require that all coaches receive training on the signs and symptoms of Heat Illness Protocols. To date, 200,000 coaches have completed the SCA and Heat Illness on-line training courses.

### **Administrative Training**

The CIF administrators began producing informational webinars for Athletic Directors, Principals and Superintendents. From 2016 – 2022 Over forty (40) webinars have been recorded covering many topics that include academic requirements, emergency action plans for after school activities, heat illness education, concussion, sudden cardiac arrest, pre-participation physical exams, Title IX, out of season football contact rules, Preventing and Interrupting Discriminatory Acts, Risk Management and Risk Minimization in Athletic Programs to name just a few of the topics.

The CIF leaders participate in numerous speaking engagements that target California School Administrators including but not limited to:

- California School Boards Association Conference
- Association of California School Administrators
- California State Athletic Directors Association
- CIF Section Athletic Directors Conferences and Trainings
- NFHS National Summer Meeting
- Section 7/8 Meetings (Western States)
- Concussion Awareness
- Sudden Cardiac Arrest
- Heat Illness Protocol
- Speaking engagements at high schools throughout California on various topics

including parent education, CIF Rules, health and safety.

In 2004, the State CIF began offering education and training classes for school athletic administrators. The courses were originally developed by the National Interscholastic Athletic Administrators Association and over 4,000 individuals from CIF member schools have completed classes in 52 different course offerings that cover legal issues in the areas of Risk Management, Title IX and Sexual Harassment, Hazing, American with Disabilities Act and Employment Law to Event Management.

### **Officials Education and Training**

In 1998, the CIF began an "accreditation program" for sport official associations in California that provides service to high schools throughout the State. The accreditation program is a voluntary peer review of the education and training that each local official's association offers to their local individual officials. The CIF established a committee that is comprised of "*officials' association leaders*" from around the State that established the recommendations and best practices for the education and training of sports officials. As of September 1, 2022, the CIF has 182 officials' associations/units that are meeting these established standards and are officiating games in California. In July of 2023, the CIF will host the NASO officials' summit in Riverside, bringing in upwards of 1300 high school officials across the state for training and continuing education opportunities. Additionally, the CIF hosts "Rules" meetings throughout the state at the beginning of each sports season with officials to update newest playing rules and regulations. Attendance at these meetings is required for the education and training leaders of the local officials association to maintain their officials' association accreditation status.

### **Parent Education Programs**

The CIF conducts many Sports Parent presentations throughout the State. The CIF website also provides valuable resources for parents that focus on the following:

#### **Sports Medicine**

##### **Concussion:**

[NFHS A Parent's Guide to Concussion](#). Adopted by the NFHS Sports Medicine Advisory Committee

["Keeping Quiet Can Keep You Out of the Game."](#) This short two-minute video was produced by the Centers for Disease Control on concussions and is ideal for parents and students to watch together.

[Play It Safe](#). This provides concussion and heat safety tips for parents.

[Concussion in Sports, What you Need To Know](#) Free NFHS Course

[CIF Concussion Information Sheet](#) *The form is recommended for use by the CIF Sports Medicine Advisory Committee (SMAC) to comply with CIF Bylaws and California Education Code.*

[CIF Acute Concussion Notification Form for Parents](#). *The CIF Acute Concussion Notification Form for Parents/Guardians is recommended for schools to use in communicating with parents/guardians when a student-athlete displays signs and symptoms of concussion.*

CIF Graded Concussion Symptom Checklist Form. *The CIF Graded Concussion Symptom Checklist Form is recommended for parents/guardians and student-athletes to use when communicating signs and symptoms of a concussion to their physician.*

Return To Learn (RTL). Documents provided to assist the concussed student/ parent in the “return to the classroom and learning environment” in a scientific manner regarding brain activity.

Return to Play (RTP). *The CIF Concussion Return to Play Protocol Form is recommended for use by all parties involved with returning a student-athlete to play.*

### ***Sudden Cardiac Arrest***

NFHS Sudden Cardiac Arrest (SCA) Course- *In 2015 the NFHS began offering a free course on the signs and symptoms of Sudden Cardiac Arrest.*

A Parent’s Guide to Sudden Cardiac Arrest Video *Eric Paredes Save a Life Foundation video.*

Eric Paredes Foundation Sudden Cardiac Arrest Fact Sheet

### **Sportsmanship**

The CIF Sportsmanship Tool Kit – Provides guidelines, resources, and strategies to aid member schools in developing inclusive and welcoming competitive events consistent with the CIF sportsmanship policy.

NFHS Positive Sport Parenting Course- Provides guidelines and strategies to aid parents in becoming good sport parents.

Character Counts and Pursuing Victory with Honor Survey- A survey is provided to aid the Josephson Institute and CIF in their combined efforts to promote character and ethics and teach life lessons through our sports programs.

Positive Coaching Alliance Scholarship- This provides information regarding the Positive Coaches Alliance Triple Impact Competitor Scholarship Program, which honors exemplary student-athletes.

Scholarship/Awards Programs- This provides information regarding how to apply for CIF's annual award programs including: Statewide Scholar-Athlete, Spirit of Sport, Model Coach, and Academic awards.

### **General**

MRSA Information for Parents and Students- This provides valuable information regarding the staph infections and prevention.

Heat Illness Information- Information on protecting your student-athletes from the dangers of overexposure to heat.

Concussion and head injury prevention- Information on protecting student-athletes from concussions.

Supplements, Steroids and Nutritional Information- This document provides information about steroids and performance-enhancing dietary supplements.

## **Gender Equity and Title IX**

***(D) Gender equity in interscholastic athletics, including, but not limited to, the number of male and female pupils participating in interscholastic athletics in secondary schools, and action taken by the California Interscholastic Federation in order to ensure compliance with Title IX of the federal Education Amendments of 1972 (20 U.S.C. Sec. 1681 et seq.).***

The CIF continues to actively train school administrators and coaches regarding gender equity and Title IX. The State CIF office offers the National Institute of Athletic Administrators Association Leadership Training Institute (LTI) classes – 506 Title IX and Sexual Harassment each year at the California State Athletic Directors Conference for school administrators. The CIF developed a local level Title IX resource network of volunteers from around the state who offer their expertise and services free of charge to CIF member schools to promote gender equity and help resolve any issues at the local level when possible.

The CIF works closely with the Office of Civil Rights in San Francisco and other equity rights organizations to assist CIF member schools in promoting equity within their education based athletic programs.

### **Education and Training**

LTI 506 Athletic Administration: Legal Issues II (Title IX, Sexual Harassment) This course has in-depth coverage of compliance issues regarding Title IX and gender equity in an interscholastic athletic program, including the methodology for a school to perform a Title IX self-audit, and in-depth coverage of the issues and strategies related to the development of an effective policy for the prevention of sexual harassment in an interscholastic athletic program.

The CIF also maintains an easy to navigate web page specifically dedicated to Equity, Title IX. Information and resources on the page include:

- “Guide to Equity” is the program assessment by which each school may determine its position in regard to compliance with Title IX guidelines.
- "Grievance Form” Process, procedures and directions on how an individual can file a complaint Uniformed Complaint Form with their Local Educational Agency, with the State CIF, the California Department of Education and the Office of Civil Rights.
- “Fair Play for Girls in Sports” video and brochure

### **Gender Identity Participation**

The CIF continued to be a national leader when in February of 2013, the CIF Federated Council, with the support of the Sports Medicine Advisory Committee, passed a bylaw to include a policy related to transgender student participation becoming only the 3<sup>rd</sup> state high school organization in the United States to do so. The CIF then worked closely with the State Legislature that spring as A.B. 1266 moved through the State Legislature to become law. In 2022, the CIF released a Gender Identity Tool Kit to assist member schools in support of student-athletes competing in a manner that is consistent with their gender identity, irrespective of the gender listed on a student’s record. See sample in Appendix D.

### **Participation Survey**



The CIF conducts an annual survey on the participation of student-athletes by gender and by sport. This survey is part of a nationwide survey conducted by the National Federation of High School Associations.

When the CIF began tracking participation by female athletes in 1971, only 7% of participants were girls. In the 2018-2019 survey, 41% of participants are female equating to over 350,000 female athletes participating in CIF sports.

In 2021, the CIF adopted girls beach volleyball and offered its first post season event in the Los Angeles City Section. The Southern and San Diego Sections will offer post season events in the Spring season of 2023. In addition, a proposal to add the sport of Girl's Flag Football will be voted on at the February 2023 CIF State Federated Council meeting. There are over 7,200 Girl's participating on wrestling teams state-wide.

## **HEALTH AND SAFETY:**

### ***(E) Health and safety of pupils, coaches, officials and spectators.***

The CIF continues to be recognized as the nation's leader in the development of rules and regulations regarding student-athlete health and safety. The CIF has been at the forefront on risk and injury minimization since 1997 when the Sports Medicine Advisory Committee (SMAC) was formed and the SMAC has been instrumental in the development and proposal of policies, rules and regulations regarding concussions and return to play protocols, sudden cardiac arrest, heat acclimatization standards, practice time allowance and limitations, student mental health and wellness programs, among other things.

The CIF SMAC is comprised of some of the most preeminent health care professionals in California who advise the CIF on the most up-to-date information on the prevention and care of sports-related injuries and illnesses.

### **Heat Acclimatization Education and Training**

In 2019 the CIF Sports Medicine Advisory Committee (SMAC) began an intensive discussion and review of the advances in the medical and scientific transformation occurring in the recognition and treatment of heat illness. As a result, in 2021-2022, the CIF and the NFHS distributed 500 wet bulb thermometers to member schools free of charge.

### **Concussion Information**

Over the past six years this dedicated section of the sports medicine website has grown to more than 20 items including training and informational videos for coaches, students, and parents, as well as recommended "return to play" and "return to classroom" protocols developed by the SMAC. The website also contains materials developed to assist all stakeholders, including medical professionals, with the latest medical updates on the signs, symptoms, and treatment of concussions. Many of these actions took place in advance of the "national spotlight" on concussions at the recommendation of the SMAC to help reduce injuries and minimize risks and is continually updated to reflect the latest advances in medical science.

## **Student Health and Wellness**

In 2021, the CIF Sports Medicine Advisory Committee (SMAC) launched a Mental Health Tool Kit for High School Student Athletes. The health and well-being of California's student-athletes is a top priority for students, their peers, and anyone responsible for their care and well-being. The tool kit provides resources for anxiety, depression and suicide prevention for parents, coaches, students, and educators.

## **Emergency Action Planning Guide for After School Activities**

The Emergency Action Plan program, resulting from cooperative efforts between the legislature and the CIF (AB 2009/CIF Bylaw 503.L.) is designed to help schools address potentially dangerous gaps in emergency response during after-school athletics and activities practices and events. The program is also available, at no charge, on the CIF's website.

As previously mentioned, the CIF developed and launched a free email newsletter that is published seven to eight times a year for parents and guardians of CIF student-athletes.

## **Economic Viability**

**(F) The economic viability of interscholastic athletics in secondary schools, including, but not limited to, the promotion and marketing of interscholastic athletics.**

The CIF Executive Committee directs and guides the CIF State office budget process and is responsible for the financial stability of the organization.

The CIF is subject to annual financial audits conducted by an independent auditor, which finds that the organization is financially sound. Decisions made by the CIF Executive Committee to purchase our office building and to fully fund retiree health care liabilities will continue to have a positive impact on the organization for decades to come. In addition to those actions and cost saving measures by the CIF, it has allowed the CIF to share nearly \$10.3 million with CIF Sections and member schools through marketing splits, championship hosting, and championship travel reimbursements to assist in the operation of high school interscholastic athletics during the past five years.

## **Income Overview**

The CIF income is based on a conservative forecasting approach. The major sources of income for the CIF are 1) championship events (36%), 2) marketing and corporate support (35%) and 3) legal assessment to schools (18%).

## **Expenses Overview**

The major expenses of the organization are 1) championship events (26%) with the majority of those funds being returned to schools to reimburse expenses for team travel (mileage, food, and hotel costs incurred when participating in Regional and State Championships) and hosting fees,

2) marketing (21%) with most of these funds given directly to CIF Sections for their distribution share in state-wide marketing income, 3) salary and benefits for employees and retirees (21%), and 4) legal, liability, and insurance costs (19%).

Due to recent addition of the statewide marketing contract with Playfly Sports Properties (formerly OUTFRONT Media Sports) in 2017, many of the marketing expenditures are the result of revenue sharing with the 10 CIF Sections to support their local efforts in operating Section Championship events, and not for expenses incurred solely by the CIF State.

The long-term economic viability of high school interscholastic education-based athletics is constantly tested by economic factors that face both the nation and California. The past several years, the CIF has seen a continual increase in legal challenges and associated expenses to high school interscholastic athletic rules and regulations. CIF member schools are responsible for funding legal costs to defend their approved rules, policies, and regulations regardless of the outcome of a case.

## **STUDENT PROGRAMS**

### **(G) New and continuing programs available to pupil-athletes.**

The CIF continues to offer and expand new and continuing programs to student-athletes. Appendix (G) has a complete listing with a few of those programs that are highlighted below.

#### **NEW PROGRAMS:**

##### **Inclusive Opportunities for Students with Disabilities**

The CIF has partnered with the U.S. Special Olympics and U.S. Paralympics to increase athletic participation opportunities for California high school students with disabilities. Students with disabilities will have increased access to the benefits and the potential for an enriched educational experience through participation in athletic activities at their local high schools. The CIF has published on our web site “Best Practices” for planning and implementing programs to assist high schools at the local level. This information was garnered from the CIF partnerships with U.S. Special Olympics and U.S. Paralympics and from numerous school districts in California who have successfully implemented athletic programs of inclusion for their disabled student population.

In addition, the CIF is working to add additional opportunities for students by including events for students with disabilities into existing Track and Field Championships in 2016 and into the Swimming & Diving Championships in 2017. In 2016, the CIF LA City Section added an Inclusive Sports Division for athletes with disabilities and since that time, every section has added events in Unified and Paralympic events. Several school districts within the state, including Los Angeles Unified and Liberty Union High School District have implemented “model” Unified Sports programs for their students.

#### **CONTINUING PROGRAMS:**

##### **CIF Scholar-Athlete of the Year Scholarship Program**

This scholarship program awards thirty thousand dollars (\$30,000) and honors twenty-two (22) male and female student-athletes statewide based on excellence in athletics, academics, and character. All twenty-two (22) students received college scholarship funds and the top two, one male and one female, received five thousand dollar scholarships and are recognized by the Legislature each year.

### **CIF Spirit of Sport Scholarship Program**

This scholarship awards program recognizes one male and one female senior student-athlete during each season of sport. The student-athletes are selected based on exemplary sportsmanship, school and community service and leadership. The six state-wide winners (3 boys & 3 girls) each receive a \$1,000 college scholarship. Additionally, one boy and one girl from each of the ten (10) CIF Sections (10 boys and 10 girls) receives a scholarship award of \$500 each.

### **Model Coach Award**

This program recognizes coaches who have served as positive role models in their schools and communities, and who have exhibited the traits of the 16 principles of Pursuing Victory with Honor<sup>sm</sup>. Winners, nominated through their local CIF Section office, receive their award and are honored in conjunction with their sport's State championship or at an event of the recipient's choosing.

### **CIF Academic State Champions**

This program recognizes teams in CIF-approved sports who have achieved academically. Based on most recent official grading period, schools submit varsity team G.P.A.s to the Section Office in competition for the highest team GPA in that specific sport and to be named Section Academic Champions. Sections forward their winning team to the State CIF for consideration for statewide academic championship. Prior honorees can be found on CIF's website.

### **Student Television and Internet Broadcast Programs**

Many California Schools participate as members of the National Federation of State High School Broadcast Network (NFHS Network). The NFHS Network is a joint venture among the National Federation of State High School Associations (NFHS), its member state associations including the CIF and PlayOn! Sports.

The NFHS Network celebrates and showcases the unique accomplishments of students, whether they are a student-athlete participating in the 27 different sports covered by the Network, or one of the student broadcasters from schools around the country that produce events through the student run School Broadcast Program.

## **(H) Awareness and understanding of emerging issues related to inscholastic athletics in secondary schools.**

As a grassroots organization, CIF hears about emerging issues daily from a wide variety of

individuals. The organization has a process in place to address issues and problems. Since the last report to the legislature, the CIF has revised or created Bylaws that directly reflect the ongoing transformation in education today. (See Appendix H).

The most significant change in student athletic eligibility occurred in 2013 when a change in the bylaws, approved by the Federated Council by an overwhelming majority, allowed a much greater degree of school choice without the loss of athletic eligibility during the students' academic career. Since the inception of this modification of residential eligibility, 10,885 students and families have changed schools without a change of residence and gained the ability for athletic eligibility that previously would have been denied. This bylaw proposal originated through a CIF Advisory Committee and reflects that the grassroots leadership of the organization. .

The CIF has over thirty-seven (37) standing advisory committees as well as numerous sub-committees from sport specific advisory committees to policy and risk management oversight committees. The CIF developed a Sports Medicine Advisory Committee in the 1996 that today is comprised of some of the most distinguished medical professionals in California who offer their time and expertise on health and safety issue in sports. The SMAC has been instrumental in assisting the CIF in policy development on such issues as concussion, sudden cardiac arrest in adolescents, steroids and performance enhancing supplements using the latest medical and scientific information to keep the CIF at the forefront of these vital issues nationally.

All of the CIF Advisory Committees are charged with the task of making recommendations to the CIF Executive Committee and Federated Council for consideration when a majority of a committee favors a revision, deletion or the addition of a new policy. Once a revision, deletion or new policy has been authored with the support of the committee, it must go back to all CIF member schools and leagues for consideration and a vote at the local league, section and finally at the State Federated Council as outlined in Appendix A.

In addition, the leadership of the CIF, the CIF's Executive Director and administrative staff attend and participate in national sports related organizational meetings to learn and share information regarding emerging issues affecting interscholastic education-based sports in the United States. In September of each year, the CIF attends a conference with attendees from the eleven (11) western states of the NFHS to discuss the numerous issues and challenges facing education-based athletics.

The Executive Director actively visits with representatives from the California Department of Education, and various other statewide education-based organizations such as the California School Boards Association, ACSA, CASBO, CAPSO, California Coaches Association and other sports affiliates.

The CIF also cooperates with the legislature and Governor on various issues and has been quick to respond to concerns that have been raised in the areas of foster youth, homeless youth, transgender students, equity, student eligibility, school and team playoff eligibility, concussions, limiting full contact practice and other issues.

While many youth sports organizations continued to place the health of athletes at risk, the CIF and the SMAC, working collaboratively with the Governor's office and the CDPH, was

instrumental in developing Covid-19 Return to Play protocols that safely brought back education-based athletics during the pandemic. See Appendix E

The CIF conducts participation surveys of member schools on a yearly basis that reflects the emerging sports and trends across the state. The survey includes gathering data on sports and activities not currently offered as part of the CIF governance structure so that the participation data can drive future initiatives for new and emerging sports for the organization.

#### **LEGISLATIVE INTENT UPDATE**

Education code 33353 (a) states that it is the “intent of the Legislature that the California Interscholastic Federation, in consultation with the department, implement the following policies:

**(A) During years in which the California Interscholastic Federation is not required to report to the Legislature and the Governor pursuant to paragraph (1), it shall hold a public comment period relating to that report at three regularly scheduled federation council meetings per year.**

**Status:** The CIF ensures, through CIF Constitution Article 4.44, that all league, section and state meetings affiliated with the California Interscholastic Federation be subject to the notice, hearing requirements and public comment of the Ralph M. Brown Act (Chapter 9 (commencing with Section 54950) of Division 2 Title 5 of the Government Code through Article 4, Section 44 of the Constitution.

Minutes of the CIF Federated Council and the CIF Executive Committee are posted and available on-line and are included in Appendix A of this report.

#### *Article 4. 44*

#### ***MEETINGS AT LEAGUE, SECTION AND STATE LEVELS***

***All league, Section and State meetings, excluding State CIF and CIF Section appeal hearings of student eligibility, Section playoffs or appeal hearings involving matters other than student eligibility or Section playoffs, pursuant to Bylaws 1100-1103, are subject to the notice and hearing requirements of the Ralph M. Brown Act (Government Code Section 54950 et seq.).***

**(B) Annually allow public comment on the policies and practices of the California Interscholastic Federation at a regularly scheduled federation council meeting.**

**Status:** The CIF ensures that all league, section and state meetings affiliated with the California Interscholastic Federation be subject to the notice, hearing requirements and public comment of the Ralph M. Brown Act (Chapter 9 (commencing with Section 54950) of Division 2 Title 5 of the Government Code through Article 4, Section 44 of the Constitution. CIF Constitution Article 4.44.

Minutes of the CIF Federated Council and the CIF Executive Committee are posted and available on-line and are included in Appendix A of this report.

#### *Article 4. 44*

***MEETINGS AT LEAGUE, SECTION AND STATE LEVELS***

***All league, Section and State meetings, excluding State CIF and CIF Section appeal hearings of student eligibility, Section playoffs or appeal hearings involving matters other than student eligibility or Section playoffs, pursuant to Bylaws 1100-1103, are subject to the notice and hearing requirements of the Ralph M. Brown Act (Government Code Section 54950 et seq.).***

**(C) Require sections of the California Interscholastic Federation to allow public comment on the policies and practices of the California Interscholastic Federation and its sections, and the report required pursuant to paragraph (1), at each regularly scheduled section meeting.**

**Status:** The CIF ensures that Sections of the California Interscholastic Federation be subject to the notice, hearing requirements and public comment of the Ralph M. Brown Act (Chapter 9 (commencing with Section 54950) of Division 2 Title 5 of the Government Code through Article 4, Section 44 of the Constitution. CIF Constitution Article 4.44.

CIF Section meeting Agenda's and minutes are posted and available on-line and examples are in Appendix A.

***Article 4. 44***

***MEETINGS AT LEAGUE, SECTION AND STATE LEVELS***

***All league, Section and State meetings, excluding State CIF and CIF Section appeal hearings of student eligibility, Section playoffs or appeal hearings involving matters other than student eligibility or Section playoffs, pursuant to Bylaws 1100-1103, are subject to the notice and hearing requirements of the Ralph M. Brown Act (Government Code Section 54950 et seq.).***

**(D) Engage in a comprehensive outreach effort to promote the public hearings described in subparagraphs (A) and (C).**

**Status:** The CIF Executive Committee has prioritized a specific goal each of the past (5) years that included a comprehensive outreach plan to increase communication and transparency with stakeholders and the public. The goals and objectives are review at each meeting of the CIF Executive Committee and are posted on-line and included in the minutes.

These outreach and communications efforts and improvements use many platforms including traditional print media and the newest forms of social media including Facebook, Twitter, Instagram, and YouTube. Below are just a few highlights of the outreach and communication elements that have been implemented since the last report to encourage and engage public participation in the CIF. Examples and exhibits can be found in Appendix B.